# Chronic Pain Management in Primary Care

Building capacity and connections to support chronic pain services in Saskatchewan

#### October 27, 2023 10:00 AM - 3:00 PM

The education day will be held virtually with the opportunity to view the virtual sessions\* in person, at the following locations:

> Swift Current: Cypress Hospital, Conference Room 1

Moose Jaw: Wigmore Regional Hospital, Coteau Room.

Lunch will be available for purchase onsite in the respective cafeterias.

\*Note: speakers will present virtually

### Registration

To register for in-person attendance in Swift Current, contact <u>deanna.palmier@saskheatlhauthoriy.</u> <u>ca</u>

To register for in-person attendance in Moose Jaw, contact Johanne.rust@saskhealthquthority.ca

For online virtual attendance, contact Karen.juckes@usask.ca



# Learning Objectives

Explore practical and evidence-based approaches to chronic pain management in Primary Health Care (PHC).

Increase understanding of Saskatchewan's Pediatric and Adult pain clinics, including referral processes.

Describe the Saskatchewan Pain Pathway and identify strategies to implement the pain pathway in PHC.

> Describe the Opioid Stewardship Program.

Discuss future endeavors and strategies to improve the management of chronic pain in PHC.

# Speakers

Tim Bolton MD FRCPC (Anesthesiology, Pain Medicine). Medical Director Regina Chronic Pain Clinic

Jill Pikaluk, RN, NP Acute Care Pain Consultation, Clinical Appropriateness and Stewardship, Regina General Hospital

Karen Juckes, RN, PhD, College of Nursing, University of Saskatchewan

# Schedule

10:00 -11:00

Saskatchewan Chronic Pain Pathway The Opioid Stewardship Program Jill Pikaluk, RN, NP and Leland Sommer, RN, NP.

> 11:00-11:30 Pediatric Chronic Pain Karen Juckes, RN, PhD

> > 11:30-12:30 Lunch

12:30-14:30 Tim Bolton MD, Chronic Pain Management, Regina Chronic Pain Clinic Services.

14:30-15:00 Discussion

#### Zoom link for virtual conference:

https://usask-ca.zoom.us/j/97083838514?pwd=ekk4MGcvdmJHMGlOY1h3dm9tcUdiQT09 Join by Telephone: Local Saskatoon Zoom Dial-in Number: (639) 638-7474 Meeting ID: 970 8383 8514. Passcode: 25690112 Telephone Passcode: 25690112

This workshop is sponsored by the College of Registered Nurses of Saskatchewan (CRNS) Professional Practice Group (PPG) in Pain Management. For more information contact <u>karen.juckes@usask.ca</u>